

July-August 2016

# Strive

to enjoy your summer.

CELEBRATING OUR

10  
YEAR ANNIVERSARY

Activities, Programs and Events brought to you  
by the Greece Community Center and Parks Division.



3 Vince Tofany Blvd. Greece, NY 14612 • 723-2425 • [www.greeceny.gov](http://www.greeceny.gov)



William Reilich, Town Supervisor

## Pavilion Party: July 20

See Pg.12

## Adult Day Trips

See Pg. 11

## Summer Special Events

See Pg. 13





Many of our best memories can be tied to summer. This season activates a powerful force within ourselves that can make us smile more, laugh more and give us more energy towards daily life. Summers in Greece provide nostalgia of days gone by while giving us wonderful opportunities to enjoy life in our great town.

I am happy that our Greece Community Center and Parks can provide you the gateway to a great summer. Inside the Community Center, you will continue to enjoy your daily activities while experiencing an energetic summer program the team has put together. Greece Parks afford reflection and play in hundreds of acres of green space. Our parks are designed to 'bring you home' to a safe place where you and your children can enjoy nature.

Be sure to mark your calendars for these wonderful upcoming events:

May 4-Jerry Helfer Memorial Food Truck Rodeo

July 4-Old-Fashioned 4th of July

August 6-I Dig This Town

All events take place on Town Hall Campus

I hope you will join me this summer in creating your own summer memories in Greece.

William Reilich

Supervisor  
Town of Greece

Michelle Marini, Deputy Supervisor

Greece Town Board Members

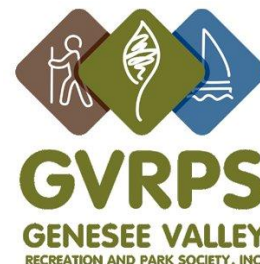
Michael Barry, Jr. 1<sup>st</sup> Ward Councilman

Brett Granville 2<sup>nd</sup> Ward Councilman

Andrew Conlon 3<sup>rd</sup> Ward Councilman

Diana M. Christodaro 4<sup>th</sup> Ward Councilwoman

## We Are Proud Members Of



*Learn more 'About Us' on Page 15*

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## Fall Fashion Show

*Fashion Passion for a Cause*

Saturday, October 1<sup>st</sup>, 2016

- Doors Open 11:30am
  - Lunch 12:00pm
- Fashion Show 1:00pm



Fall Activities Registration Begins:  
Monday, August 29<sup>th</sup>

# Membership Info

**Did You Know?** As a resident of Greece, your membership to the Community & Senior Center is **free**.

## It's Easy to Join

- ❖ Simply visit our friendly team at 3 Vince Tofany Boulevard in Greece
- ❖ Bring proper photo identification which shows proof of residency (driver's license, mail, etc).
- ❖ We will sign you up, take your picture and your I.D. card or key tag will be printed on site.

## Class Credits

Greece Resident Members  
16 Credits for \$15  
33 Credits for \$30  
50 Credits for \$45

Non-Greece Resident Members  
16 Credits for \$20  
33 Credits for \$40  
50 Credits for \$60

## Membership Fees

Greece Residents: Free  
Non-Residents:  
Single Non-Resident 60 & Under: \$50  
Single Non-Resident 61 & Older: \$35  
Family of 2 or more Adults plus at least 1 Child verified to live in the household: \$145

One Time Non-Resident Visit:  
\$5 per person, per visit

## Road Rules Exploration

**Mondays: 9:00am-12:00pm**

**July 11-August 8**

Ages 5-11

Participants will enjoy the day by taking nature walks, play on the playgrounds at all parks and enjoy outdoor games and lunch.

Please Note: Children will need to bring a bag lunch, sunscreen, bottled water, and a towel for outdoor participation.

**Member: \$12, 20 Spots Available**

## Painting with Little Picasso's

**Tuesdays: 9:30am-11:00am**

**July 5-August 9**

Ages 5-11

Experience a variety of ways to paint! Children will have fun developing gross and fine motor skills while exploring their creative sides.

**Member: Free**

## Hunger Tag Games

**Wednesdays: 9:30am-11:00am**

**July 6-August 10 (No Program 7/20)**

Ages 5-11

Children can enjoy weekly games of tag and play.

**Member: Free**

## Cooking & Creating with Little Fingers

**Thursdays: 9:30am-11:00am**

**or 1:30pm-3:00pm**

**July 7-August 11**

Ages 5-11

Serve it up! Get hands-on experience with different foods while learning about:

- Selection
- Preparation
- Cooking Skills

**Member: \$12, 20 Spots Available per Session**

## Friday Fun Kids: Parties & Games

**Fridays: 9:30am-11:00am**

**July 8-August 12**

Ages 5-11

Every Friday is a new opportunity for your child to have a party! Participants will have the opportunity to play games and create crafts based on themed party days.

**Member: Free**

## Animation Workshop

**August 15, 16, & 19: 9:30am-11:00am**

Ages 9-12

Why watch cartoons when you can make them? Instructor David Puls, B.F.A. from Animatus Studio will teach the basics of animation during these workshops.

**Member: \$35**

## A Taste of Clowning

**August 22-25: 9:30am-11:30am**

Ages 8-18

Take your clowning to the next level by learning from the Greece Paint Alley Clowns! This program will teach participants:

- The basics of clowning
- Applying clown makeup for your face
- Costumes, simple magic tricks
- Making balloon animals
- Face painting

Please Note: Participants must bring their own crazy clothing daily.

**Member: \$25**

## Anime & Manga Comic Program

**August 22-August 26: 10:00am-11:00am**

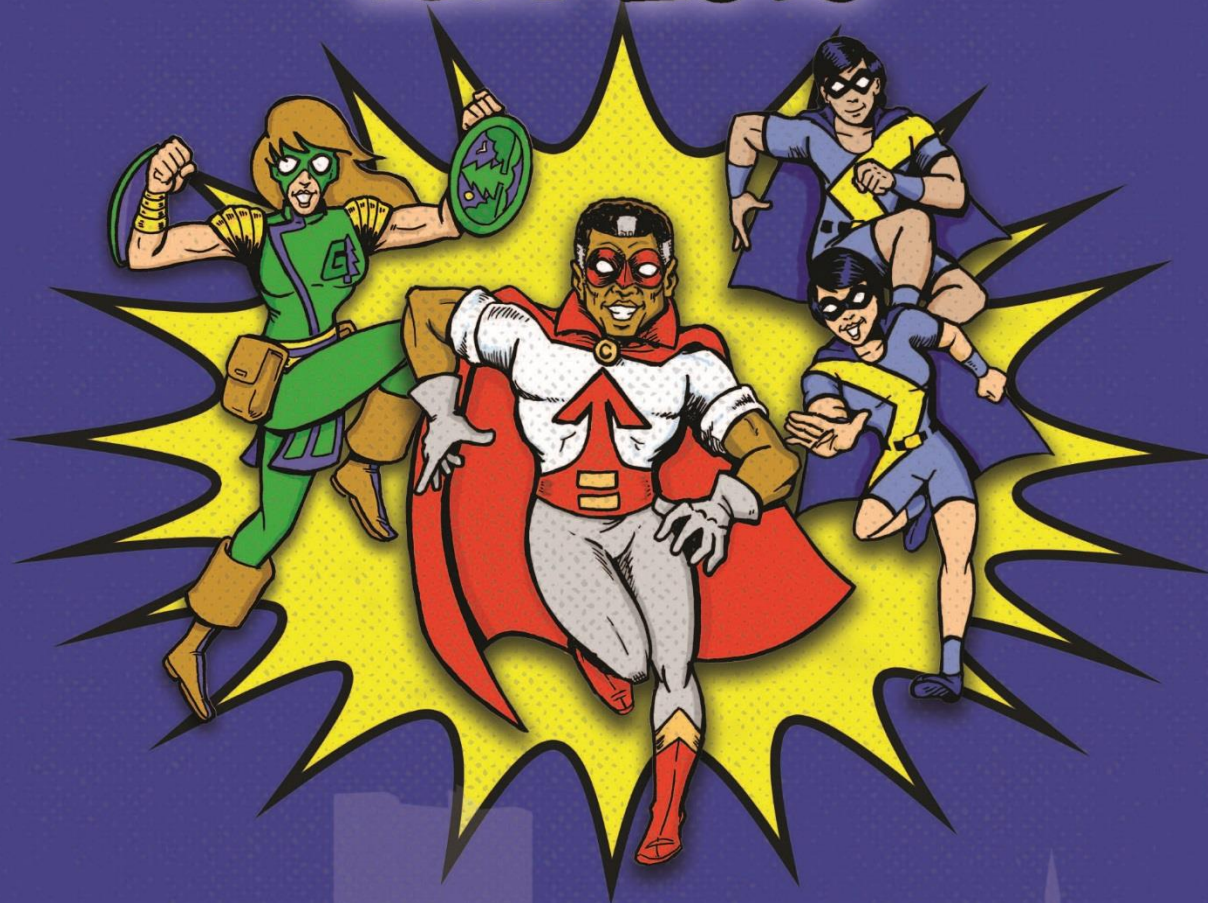
Ages 8-13

This program will teach youth the concepts and techniques needed to draw in the anime and manga style.

**Member: \$20**

# PARK AND RECREATION MONTH

## JULY 2016



**WHEN OUR POWERS COMBINE,  
WE CHANGE LIVES**



This July, the Park and Rec Brigade is here to help you discover your super powers at your local parks and recreation. Captain Community, the Green Guardian and the Fit Twins will guide you on your adventure during Park and Recreation Month.



National Recreation  
and Park Association

#SUPERJULY  
[WWW.NRPA.ORG/JULY](http://WWW.NRPA.ORG/JULY)

## Core Fitness

**Mondays/Fridays: 8:15am-8:45am**

Ages 18 & Up

This class utilizes all core muscles while focusing on a particular group each class to help increase strength, flexibility and overall balance. This class uses weights, weight bars, floor mats and balance discs to increase the class intensity.

**Member: 1 Credit**

## Gentle Stretch & Strength

**Mondays/Wednesdays/Fridays: 1pm-1:50pm**

Ages 18 & Up

This class provides gentle exercises to help increase flexibility, range of motion and strength. The goal of this class is to reduce pain and stiffness, restore and maintain joint range of motion, increase muscle strength, and improve balance and coordination.

**Member: 1 Credit**

## Cardio Fusion

**Tuesdays: 9am-9:50am  
Thursdays: 6pm-6:50pm**

Ages 18 & Up

A workout composed of various cardio exercises using weights. This program will incorporate muscle groups from both the upper and lower body to increase your stamina, endurance, flexibility and overall body strength.

**Member: 1 Credit**

## Low Impact Aerobics

**Mondays: 9am-9:50am**

Ages 18 & Up

An energetic, effective low impact and varied intensity aerobic class that will help participants increase stamina, endurance, and keep your body moving and heart pumping.

**Member: 1 Credit**



## Zumba

**Tuesdays: 6pm-6:50pm**

Ages 18 & Up

An aerobic fitness class featuring movements inspired by various styles of Latin American dance music.

**Member: 1 Credit**

## Strength & Conditioning

**Fridays: 9am-9:50am**

Ages 18 & Up

This class includes warm-up, stretching and various styles of weight training. Training types to include: low weight, high reps for stamina and high weight, low reps for strength, along with resistance training.

**Member: 1 Credit**

## Summer Reminder:

For programs highlighted in red, please stop at the front desk of the Community Center to pick up your customized schedule for cancellations, time and location changes.



It is recommended that you consult with your physician before starting any new fitness class.

## Hatha Yoga

**Tuesdays: 7pm-7:50pm**

**Wednesdays: 9am-9:50am**

Ages 18 & Up

This class incorporates a full body workout that includes a warm-up, a total body stretch, yoga postures, and a cool down. The focus of this class will be on core strength and stability.

**Member: 1 Credit**

## Zumba Gold

**Thursdays: 9am-9:50am**

Ages 18 & Up

This class takes the Zumba workout and makes it accessible for seniors, beginners or others needing modifications in their exercise routine.

**Member: 1 Credit**

**Don't Forget to Fall  
into Fitness!**

**Look for your next  
issue of  
STRIVE**

**Monday, August 8<sup>th</sup>**



# Class Credits Information

**Get your weekend started  
right with a CSC Fitness  
Class!**

Some classes and programs require credits that can be purchased at the front desk:

Our fitness classes are drop-ins and can be joined at any time with no previous experience necessary.

For any questions regarding fitness classes or programs, see a knowledgeable recreation team member.

## Class Credits

Greece Resident Members

16 Credits for \$15

33 Credits for \$30

50 Credits for \$45

Non-Greece Resident Members

16 Credits for \$20

33 Credits for \$40

50 Credits for \$60

**It is recommended that you consult with  
your physician before starting any new  
fitness class.**

## Advanced Pickleball

**Tuesdays: 12:30pm-3pm**

Enjoy an advanced level of play and continue working on your pickleball skills all while having fun.

\*2 courts will be designated for advanced play. 1 court will be designated for beginner/intermediate play. All equipment is provided.

**Member: Free**

## Beginner/ Intermediate Pickleball

**Thursdays: 12:30pm-3pm**

Continue to work on your technique and skill level with self-rated intermediate level players.

\*2 courts will be designated for beginner/intermediate play. 1 court will be designated for advanced play. All equipment is provided.

**Member: Free**

## Summer Reminder:

For programs highlighted in red, please stop at the front desk of the Community Center to pick up your customized schedule for cancellations, time and location changes.



## Intermediate Pickleball League

**Thursdays, July 21-August 25**

**5:30pm-7:30pm**

Bring a partner and improve your game with this intermediate level of league play. Players must self-rate at a 2.5 level to 3.4. A maximum of 12 teams will be accepted. All teams must read the rules before registering for the league. Prizes will be awarded at the completion of the league for the top 2 teams.

**Member: \$15 per team**

## Advanced Pickleball League

**Tuesdays, July 19-August 23**

**5:30pm-7:30pm**

Bring a partner for this advanced, competitive level of league play. Players must self-rate at a 3.6 level to 5.0. A maximum of 12 teams will be accepted. All teams must read the rules before registering for the league. Prizes will be awarded at the completion of the league for the top 2 teams.

**Member: \$15 per team**

## Table Tennis

**Mondays: 10am-1pm**

**Wednesdays: 12pm-3pm**

**Thursdays: 3:30pm-7:30pm**

**Fridays: 11:30am-2:30pm**

Take part in this competitive game between 2 or 4 players. All equipment provided.

**Member: Free**



# Hiking Club

## Town of Greece Hiking Club

**Thursdays, May 5-October 27: 10:00am-12:30pm**

This program consists of 26 weekly hikes (weather permitting) over parks and trailways within the Town of Greece, as well as visits to other county, city and/or town parks within Monroe County.

The average hike is 1 to 3 miles. The intensity of each hike is based upon distance and terrain. Each hike ranges from low, moderate, to high.

### Hikes

July 7-Henpeck  
July 14- Greece Canal Park  
July 21-Ellison Park  
July 28-Durand Eastman

August 4-Cranberry Pond  
August 11-GLT Manitou Preserve  
August 18-Menndon Ponds, East  
August 25, Maplewood



Please sign-up for hikes, directions and more information at [meetup.com/town-of-greece-hiking-club](https://www.meetup.com/town-of-greece-hiking-club) or by calling 723-2425



# Cards & Concentration

## Euchre

**Mondays/Wednesdays: 1pm-4pm**

**Tuesdays: 9am-11:30am**

**Thursdays/Fridays: 9am-11:30am & 1pm-4pm**

**Member: Free**

## Penny Poker

**Mondays/Thursdays: 12:30pm-3:30pm**

**Member: Free**

## Bridge

**Tuesdays/Thursdays: 12:30pm-4pm**

**Member: Free**

## Bridge Skills

**Fridays: 11:30am-2:30pm**

**Member: Free**

## Duplicate Bridge

**Mondays: 12:30pm-4pm**

**Members: Free**

## Pinochle

**Fridays: 9am-11:30am**

**Member: Free**

## Mahjongg

**Fridays: 1pm-4pm**

A game of skill, strategy and concentration. Please bring your own card with you.

## Scrabble

**Tuesdays: 10am-12pm**

**Member: Free**

## Summer Reminder:

For programs highlighted in red, please stop at the front desk of the Community Center to pick up your customized schedule for cancellations, time and location changes.

## Song & Dance

### Open Line Dancing

**Wednesdays: 11am-12pm**

**Fridays: 11am-12pm**

Listen to your favorite tunes and dance amongst friends.

**Member: Free**



## Summer Reminder:

For programs highlighted in red, please stop at the front desk of the Community Center to pick up your customized schedule for cancellations, time and location changes.

## Craft & Leisurely Fun

### Art Club

**Wednesday: 1pm-3pm**

Bring your own supplies and art work and create amongst friends! All materials must be brought in by participant.

**Member: Free**

### Quilting & Crafting

**Mondays: 9am-12pm**

Bring your own supplies and let your imagination do the rest! All materials must be brought in by participant.

**Member: Free**

### Open Sewing

**Tuesdays, July 5 & 19, 9:30am-2:30pm**

**Tuesdays, August 16 & 30, 9:30am-2:30pm**

If you enjoy the craft of knitting and sewing, then this is the group for you. Bring your own supplies and create something new amongst friends.

**Member: Free**

### Bingo

**Mondays & Thursdays: 9:45-11:30am & 12:30pm-2:30pm**

Grab a board and join in on this timeless game.

**Member: Free**



**Get Your  
PAVILION PARTY  
Tickets Starting  
Monday, May 16!**

**Wednesday, July 20<sup>th</sup>  
10:45am-2:30pm**

*Supported by Home Instead*



# Nutrition Program

## Luncheon Friends

**Mondays-Fridays: 11:30am-12pm**

Meals are served Monday-Friday at the CSC with your health and nutritional needs serving as top priority.

Lunch is a suggested contribution of \$3 for any persons 60 and older or the spouse of someone 60+. For anyone under the age of 60, the meal cost is \$6 which will be collected at the front desk.

If you have not arrived by 11:45am for your lunch reservation, your meal may be given to any individual on our waiting list.

All meal reservations and cancellations must be made by 10am the day before the meal is served.

\*Participants can call the day of to see if there are spots left for lunch.

## Meal Time Music

Join us for these special musical events offered for your listening enjoyment during our nutrition program.

**Wednesday, July 27: 11:45am-12:45pm** *Fred Lampey*

**Wednesday, August 24: 11:45am-12:45pm** *Dick Mazzatti Duo*

# Adult Day Trips



**Wednesday, July 27**

**Buffalo Niagara Heritage Village**

Explore the historic building and 35 acre campus guided by a costumed interpreter. Various interactive demonstrations will be featured inside the building. The tour will last 2 hours with the CSC bus departing at 8:30am and arriving on site at 10am. There is also a store on site to purchase items.

Lunch will be after the tour on site under a pavilion. A boxed lunch will be provided and include: turkey sandwich, juice, milk, cookie and veggie sticks.

**8:30am-4:30pm**

**\$15.00 per person**

**Wednesday, August 31**

**The Theodore Roosevelt Inaugural Site & The Buffalo History Museum**

Two trips in one day! Start off by experiencing Theodore Roosevelt's unusual 1901 inauguration like never before. We will have a lunch break at 11:15am and then move to the Buffalo History Museum.

Both tours will require a lot of walking, please wear comfortable attire.

Lunch will be at your own expense at the *Anchor Bar*—Home of the famous Buffalo Chicken Wings!

**8:30am-4:30pm**

**\$25.00 per person**

All trips depart and return from the Greece Community Center  
3 Vince Tofany Blvd  
Greece, NY 14612

# 2016 Adult Parties & Dances

## Pavilion Party

Supported by Home Instead

**Wednesday, July 20, 10:45am-2:30pm**

Music by the Johnny Matt Band

Tickets on Sale: May 16-July 12, 2016

\*Event to take place outside, under the pavilion

**Member: \$7.00**



## End of Summer Picnic

Presented by Legacy

**Tuesday, August 23, 10:45am-2:30pm**

Tickets on Sale: July 18-Aug 16, 2016

\*Event to take place outside, under the pavilion

**Member: \$3.00**



## Oktoberfest Party

Supported by Crimson Ridge

**Friday, September 23, 10:45am-2:30pm**

Music by: Ernie Capone

Tickets on Sale: July 18-Sep 14, 2016

**Member: \$7.00**



## Halloween Party

Supported by Genesee Valley Physical Therapy & Sports Rehabilitation

**Friday, October 28, 10:45am-2:30pm**

Music by: George Hogan

Tickets on Sale: Sep 12-Oct 19, 2016

**Member: \$7.00**



## Thanksgiving Party

Supported by Genesee Valley Physical Therapy & Sports Rehabilitation

**Thursday, November 17, 10:45am-2:30pm**

Music by the Johnny Matt Band

Tickets on Sale: October 17-November 9, 2016

**Member: \$7.00**



## Christmas Party

Supported by Legacy

**Tuesday, December 13, 10:45am-2:30pm**

Music by Musique

Tickets on Sale: Oct 24-Dec 6, 2016

**Member: \$7.00**



All Parties/Dances are located at the Community & Senior Center at 3 Vince Tofany Blvd, Greece, NY 14612. For more information about each party, call 723-2425.



# Food Truck Rodeo



Wednesday, May 4  
5:30-8:00pm

Join in on good times and good food at our Food Truck Rodeo. This event is held to benefit the Jerry J. Helfer Memorial Scholarship Fund.



## *Old-Fashioned* 4<sup>th</sup> of July



**5k Freedom Run**

**Scooby Doo Run for Kids**

**Live Music**

**Food**

**Inflatables**

## I Dig this Town

Saturday, August 6

11:00am-2:00pm

**Bring your family, friends and neighbors and come out to enjoy:**

- **Work Equipment**
- **Cars**
- **Face Painting**
- **Clowns**
- **Inflatables**

**And much more!**



# GREECE PARKS

Town of Greece parks, playgrounds and trails offer you a safe and picturesque setting to exercise and relax. Parks are open for walking, biking, hiking, running, playing and more.

## Parks

Frisbee Hill  
Basil Marella  
George Badgerow North and South  
Sawyer  
Columbus  
Barnard  
Adeline  
Grandview  
Beverly Pappas  
Goodwin  
Braddock Bay  
Henpeck  
Slater Creek  
Payne Beach



## Shelters and Lodges

Planning a party, reunion or picnic? Reserve an open-air shelter or one of our enclosed lodges for a great outing anytime.

Open shelters are available May through September and enclosed lodges can be rented year round.

For locations and details of all parks and shelters, visit [greecenyny.gov](http://greecenyny.gov).





# About Us

## ***Mission***

The mission of the Greece Community and Senior Center is to provide a facility for the residents of Greece to engage in accessible, affordable and quality recreational, social and educational activities.

Activities offered by the Town of Greece Community and Senior Center are funded by: Town of Greece, NYS Office for Children and Family Services, NYS Office for the Aging, Monroe County Department of Human and Health Services, Rochester-Monroe county Youth Bureau, Monroe County Office for the Aging.

## ***Who We Are***

We are a team of fun, experienced, energetic and dedicated professionals who believe in offering our residents the opportunity to improve their quality of life through parks and recreation.

## ***We Are Supported***

Through Greece residents, community center members, the Greece Town Supervisor and the Greece Town Board, we are supported in our efforts to offer safe, state-of-the art facilities and parks for all to enjoy.

## ***We Are a Team***

### Administrative

Peter O'Brien, CPRP, Director of Parks and Recreation

Lisa Letta, Administrative and Member Service

Kathy Walker, Member Service

Christine Saddler, Communications and Member Service

Felicia Schiefer, Member Service

Terri Dickerson, Member Service

### Recreation

Mike Barnes                      Danielle Gross                      Megan Termine

Katie Decker                      Robyn Rodriguez

Gina Edwards, Senior Services

Laurie Gately                      Addison Steven

## ***We Care***

Through our Community and Senior Center operations, we offer a variety of services to our resident seniors. From transportation, caseworker services and opportunities to volunteer, our focus is on maintaining and improving the quality of life for our elder residents. To find out more, inquire at the Community and Senior Center.

## Greece Community and Senior Center

3 Vince Tofany Blvd, Greece, NY 14612

(585) 723-2425

Email: [grecenparksandrec@greecenyny.gov](mailto:grecenparksandrec@greecenyny.gov)

Website: [www.greecenyny.gov](http://www.greecenyny.gov)

### Hours:

Monday-Thursday 8am-8pm

Friday 8am-5pm

Saturday 8am-1pm

### Summer Hours:

\*Tue, May 31<sup>st</sup>- Tue. September 6<sup>th</sup>\*

Mon/Wed/Fri 8am-5pm

Tuesday/Thursday 8am-8pm

Saturday CLOSED

### To Register for Programs

Visit our location

or Register Online:

[www.greecenyny.gov/departments/cscparks](http://www.greecenyny.gov/departments/cscparks)

Look for your next issue of STRIVE Monday, August 8<sup>th</sup>  
Fall Activities Registration Begins: Monday, August 29<sup>th</sup>